



independent care trust™

Independent Care Health Benefit Trust™ (ICT) has partnered with Blue Cross and Blue Shield of North Carolina (Blue Cross NC) as our Plan Administrator.

Over 99% of current CCPN independent primary care physicians participate in the broad Blue Cross NC provider network. This allows you and your practice staff to be seen by independent physician providers and have access to BlueCross NC's large network of hospitals and specialty providers.

ICT offers five health plan options allowing you to choose the optimal coverage and price point for your practice. In addition, we offer optional dental, life, and vision benefits.

Please visit us at www.independentcaretrust.org to learn more. Select the **Contact Us** tab at the top of the website to request an application to start the quote process.

To qualify for coverage under Independent Care Trust™ you must meet the following criteria:

- Must be a **CCPN Practice with 2 or more employees;**
- Practice must contribute at least **50% of the employee-only premium** of the lowest cost plan offered;
- A minimum of **70% of eligible employees working 30+ hours** per week must participate.
- To obtain a quote complete and submit the following documents:
 - Group level application
 - Full Employee Census
 - Individual Health applications (for groups with <25 employees)

